Sports Physicals information:

All student athletes will need a Sports Physical prior to their first practice. This would be a good time to be calling and scheduling appointments as practices tentatively start on Aug 6th for football and Aug 8th for volleyball. 7th/8th grade football and 7th/8th grade girls basketball practices will start around Aug 20th. The MHSAA physical form is available at the physician's offices and

at: https://www.mhsaa.com/portals/0/Documents/health%20safety/physical2page.pdf

BCMH has shared the following general guidelines for Sports Physicals: (Thank you to BCMH for exception #2 as it is a wonderful offer to help some of our athletes who are caught in the cycle of not being 'insurance eligible' for the next Well Child Exam prior to practice starting).

All patients requiring a MHSAA physical form must come in for a Well Child Exam/Physical unless one of the following exceptions apply:

- 1. If the child has been in for a Well Child Exam on or after April 15, 2018, the parent/student may drop of a form and the provider will fill it out and return it (usually within 48 hours) no additional visit needed. There is no cost for this.
- If a student already had a Well Child Exam in their current insurance benefit year (but prior to April 15, 2018) they will need to schedule a Sport Physical to complete the form and the fee is \$30.
- 3. If there are any students who do not have health insurance their parents should be encouraged to contact our office and speak with our billing department to discuss options available.

BCMH is also considering setting aside some specific dates for Sports Physicals. If we receive information on that, we will post it here also.